

Module 4: Powerful Interviewing Techniques

Lesson 1: Mastering Your Mindset



INTERVIEWING
With **PURPOSE**

CONNECT | ENGAGE
INFLUENCE



In this training you will learn:

- Why is this important
- Your Winning Mindset

Why is this important?

- Mindset is everything:
 - Your mindset impacts your thoughts and feelings;
 - Your thoughts and feelings impact your actions;
 - Your actions impact your outcome

Why is this important?

- What you focus on expands:
 - If you continuously focus on what is going wrong or how nervous you are, or how horrible you sound (because you're too hard on yourself – STOP!!!!);
- You are a WIP; even experts who have been working on their craft for years – are always developing and evolving in their skills.

Your Winning Mindset

- It's all GOOD;
- Go with the flow;
- Have FUN!
- What's yours? Write it down and remind yourself of it daily;
 - Have it in front of you as you record your podcast.